	AUTUMN 1 (8)	AUTUMN 2 (7)	SPRING 1 (5)	SPRING 2 (5)	SUMMER 1 (7)	SUMMER 2 (7)
YEAR 7	Powerful knowledge LIVING IN THE WIDER WORLD RELATIONSHIPS 1. What is PSHE and what are our grace values? 2. How do I cope with change? 3. What changes happen to our body? 4. What makes a good friend? 5. What makes a good team? 6. How do I manage conflict? 7. How do I effectively revise to ensure I have positive progress?	Powerful knowledge HEALTH AND WELLBEING 1. What is mental health? 2. How can I maintain positive emotional well-being? 3. What is anxiety? 4. What is it like to live with anxiety? 5. How can you deal with anxiety and is it normal? 6. Revision and AP1. 7. What are healthy strategies to deal with anxiety?	Powerful knowledge RELATIONSHIPS 1. Families – What are the different types, and does it matter what kind of family I have? 2. How do I make and keep positive friendships? 3. How do we maintain safe and positive relationships? 4. Bullying or banter? What is and isn't acceptable? 5. What are different types of bullying?	Powerful knowledge HEALTH AND WELLBEING RELATIONSHIPS LIVING IN THE WIDER WORLD 1. What is consent and why is it important? 2. What is FGM and why is it dangerous? 3. What does a healthy lifestyle look like? 4. What is obesity and the impact on individuals in society? 5. Revision and AP2.	1. How can I successfully manage my money? 2. What are the implications of savings, loans and interest rates? 3. How can we make ethical financial decisions? 4. What are the different types of financial transactions? 5. What do finances look like in the working world? 6. What is first aid? 7. How do I administer CPR?	Powerful knowledge LIVING IN THE WIDER WORLD 1. What does it mean to be British? 2. Why does politics matter and what does it do for me? 3. What is the role of the Local/National government and my MP? 4. How would I rule the country? 5. Revision and AP3. 6. What is charity and why do people give?

En	d points	End points	End points	End Points	End Points	End Points
	 Students are able to write down and demonstrate what the school values look like in everyday lives. Students are able to articulate the changes that happen to their bodies. Students are able to write about the key features of a good friend. Students are able to put together a revision timetable. 	 Students are able to articulate what causes anxiety and what strategies can be used to reduce anxiety. Students can understand what a healthy mental health and wellbeing can look like. 	 Students can understand the various types of family and the values that families hold. Students are able to understand the different types of bullying, and what isn't acceptable. Students can articulate what a positive and safe relationship looks like. 	 Students can explain what consent looks like. Students can articulate what FGM is and why it is dangerous. Students can understand who to speak to if they are concerned about FGM taking place. Students are able to demonstrate what contributes to a healthy lifestyle. 	 Students are able to understand various financial transactions and how to manage money. Students can articulate ethical financial decisions. Students can understand and perform basic first aid and CPR. 	 Students can understand what is meant by politics, including what is meant by local and national government. Students are able to assess and write about how they would manage a county, considering all they have learnt. Students can articulate the importance in giving to charity.

HE	owerful knowledge EALTH AND WELLBEING NG IN THE WIDER WORLD	Powerful knowledge HEALTH AND WELLBEING	Powerful knowledge RELATIONSHIPS	Powerful knowledge LIVING IN THE WIDER WORLD	Powerful knowledge HEALTH AND WELLBEING	Powerful knowledge HEALTH AND WELLBEING RELATIONSHIPS
YEAR 8 2. V 3. H 4. H 5. V 6. H 7. V	What are emotions and how do they affect me? What does a healthy self-esteem look like? How do I keep good dental health? How do I maintain good personal hygiene? Why is sleep so important? How do I make a change for life? (Change4Life Pledge) What skills do I need for the future?	 What is mental health and how do you seek help? How can I maintain positive emotional well-being? What is depression? What is it like to live with depression? How can you deal with depression? Revision and AP1. Why does social media affect mental health? 	 What is consent and why is it important? Why is it so risky to send explicit content? What is pornography and why can it be dangerous? Domestic conflict – why do people run away from home and why is this so dangerous? What is FGM and why is it dangerous? 	 What are the British Values and why are they important? What are the British Values and why are they important? Who are the different political parties and what do they stand for? How do values vary across different cultures and countries? How do values vary across different cultures and countries? 	 Human Rights – Where do we draw the line? What are addictive substances and what do they do to a person's body and mind? How do cigarettes, vaping and alcohol impact a person's health? Why are energy drinks banned for under 16s? Is it right that cannabis is legal 	 Internet safety – what is online grooming and why must we be so careful? How can we keep safe and positive relationships? Pregnancy, adoption, and abortion – What does this look like? How can we avoid teenage pregnancy? How to challenge stereotypes, prejudice, and bullying?

				for medical purposes? 6. What are risky behaviours and what are the consequences? 7. How can I manage and assess risks?	6. Revision and AP3 (Peer mark)
Students can understand the various emotions and how they affect people. Students can articulate what a healthy selfesteem can look like. Students will be able to understand and maintain good dental and personal hygiene. Students can articulate why sleep is important and implement	 Students will be able to understand mental health and where they can go for support. Students can articulate what depression is and empathise with what it is like for people living with depression. Students will be able to understand strategies to 	 Students can understand what is meant by the term consent and the importance of consent. Students will be able to articulate the danger of sending explicit messages. Students can understand and articulate the dangers of pornography. Students will be able to understand what is meant by 	 Students will be able to articulate the British Values and write why these are important inside and outside of school. Students will be able to articulate what at least two political parties stand for. Students can understand how values and differ across 	 Students will be able to understand what is meant by the term human rights. Students can articulate the various addictive substances, including vapes and cigarettes and the affects they can have. Students will be able to understand 	 Students can understand what is meant by online grooming and the signs to look for. Students will be able to understand what a safe and healthy relationship should look like and how to implement this in their own lives.

able to understand how to challenge	healthy sleep	help deal with	domestic conflict	countries and	the dangers of	Students can
understand how social media can affect mental health. • Students will have embedded knowledge around what FGM is, why it is dangerous and where they can report this. • Students will have embedded knowledge around what FGM is, why it is dangerous and where they can report this. • Students will be able to assess and manage risks. • Students will be abortion. • Students will know how to avoid teenage pregnancy. • Students will be able to understand how to challenge stereotypes and	habits.	· ·		cultures.		articulate the
social media can affect mental health. health. FGM is, why it is dangerous and where they can report this. have embedded knowledge around what FGM is, why it is dangerous and where they can report this. FGM is, who is is dangerous and where they can report this. FGM is, who is is dangerous and where they can report this. FGM is, who is is dangerous and where they can report this. FGM is, who is is dangerous and where they can report this. FGM is, who is is dangerous and where they can report this. FGM is, who is is dangerous and manage risks. FGM is, who is is dangerous an		Students can	this.			various
affect mental health. knowledge around what FGM is, why it is dangerous and where they can report this. affect mental health. FGM is, why it is dangerous and where they can report this. • Students will be able to abortion. Students will know how to avoid teenage pregnancy. • Students will be able to abortion. Students will be able to abortion. Students will be able to avoid teenage pregnancy. • Students will be able to avoid teenage pregnancy. • Students will be able to abortion.		understand how	 Students will 		are banned for	reasoning for
health. around what FGM is, why it is dangerous and where they can report this. be able to assess and manage risks. • Students will know how to avoid teenage pregnancy. • Students will be able to understand how to challenge stereotypes and		social media can	have embedded		under 16s.	pregnancy,
FGM is, why it is dangerous and where they can report this. FGM is, why it is dangerous and where they can report this. Students will be able to understand how to challenge stereotypes and		affect mental	knowledge		 Students will 	adoption and
dangerous and where they can report this. the standard of the		health.	around what		be able to	abortion.
where they can report this. • Students will be able to understand how to challenge stereotypes and			FGM is, why it is		assess and	 Students will
report this. report this. pregnancy. Students will be able to understand how to challenge stereotypes and			dangerous and		manage risks.	know how to
• Students will be able to understand how to challenge stereotypes and			where they can			avoid teenage
able to understand how to challenge stereotypes and			report this.			pregnancy.
understand how to challenge stereotypes and						 Students will be
how to challenge stereotypes and						able to
challenge stereotypes and						understand
stereotypes and						how to
						challenge
						stereotypes and

	Powerful knowledge HEALTH AND WELLBEING LIVING IN THE WIDER WORLD	Powerful knowledge HEALTH AND WELLBEING	Powerful knowledge RELATIONSHIPS LIVING IN THE WIDER WORLD	Powerful knowledge LIVING IN THE WIDER WORLD	Powerful knowledge LIVING IN THE WIDER WORLD	Powerful knowledge HEALTH AND WELLBEING (Dove Project Campaign)
YEAR 9	 What is gender identity? What is sexual orientation and how is it different from gender identity? What is a young carer? What is disability and how do I treat those with a disability? What first aid do I need to know? How do I use CPR to save someone's life? How do I effectively revise to ensure I have positive progress? 	 What is mental health and how do I seek help? How can I maintain positive emotional well-being? What is self-harm and what are the causes? What are eating disorders? What is it like to live with an eating disorder? Revision and AP1. What are the suicide statistics and what can we do to reduce this? (+ men's mental health) 	 What is fertility and what are the different routes into parenthood? What is domestic violence/ coercive control and what are abusive relationships? What is coercive control and what can it look like? What is sexual harassment and harmful sexual behaviour? What can CSE look like? 	 What is fake news? What is money laundering and why are some people taken in by this crime? What is online fraud? How can my choices affect my future? Revision and AP2. 	 How can my online presence affect my career? How does the criminal justice system work? What is overt and covert racism and why are people still prejudice? How can we prevent radicalisation and recognise the signs of extremism/How are we protected? How can we prevent radicalisation and recognize the signs of extremism? What is gang culture and county lines? 	 What are appearance ideals in the UK? What do comparisons look like in the UK? How do we banish body talk in the UK? Why is it important to be anti-social media in the UK? Revision and AP3 (Peer mark) Our campaign to lead change. (Student Project)

End Points • Students will be able to	End Points • Students can	End Points • Students can understand what	End Points • Students can understand	7. What are the risks of organized crime? End Points • Students can	End PointsStudents will be able to
understand what is meant by gender identity and sexual orientation. Students can understand what is meant by a young carer and the impact on young people. Students can understand disability and how to treat others with mutual respect. Students can understand and implement basic first aid and CPR.	understand what is meant by mental health and where to go for support. Students understand what self-harm is, the causes and effects. Students can articulate what an eating disorder is, the causes and effects. Students can articulate the causes of suicide and why this is increased amongst males.	is meant by fertility, and what this can look like for various people. Students can see what domestic abuse and coercive control can look like, as well as the consequences of this. Students will be able to understand what is meant by sexual harassment, harmful sexual behaviours as well as the effects of this.	what fake news is and what signs to look for. • Students can articulate the facts around money laundering and the signs to look for. • Students can understand what online fraud is and how to avoid this taking place. • Students will be able to see how their everyday choices can affect their future.	understand how their online presence can affect their career. Students can articulate what various parts of the criminal justice system can look like. Students can understand racism, and the difference between overt and covert. Students will know how to prevent radicalisation and what signs to look for	understand what society says is an 'ideal appearance' and the effect this has. Students can understand how comparisons can affect individuals. Students will be able to contribute to banishing negative body talk, and know how to replace this with positive body talk. Students will be able to

	Students can write their own revision plan.		Students will be able to articulate what CSE is and the signs to look for.		regarding extremism and radicalisation. Students will be able to articulate what is meant by gang culture, county lines and the dangers surrounding these.	articulate the affect social media has on appearance.
YEAR 10	Powerful knowledge LIVING IN THE WIDER WORLD 1. Why do some people become homeless and why is homelessness on the	Powerful knowledge HEALTH AND WELLBEING 1. Can tattoos and piercings be dangerous? 2. How can we	Powerful knowledge RELATIONSHIPS 1. What do different family units look like? 2. Being a new parent – what is this like and	Powerful knowledge HEALTH AND WELLBEING 1. What is sexism, gender prejudice and stereotypes and why does it still	Powerful knowledge RE CURRICULUM 1. How do Jews and Christians express their belief in a messiah?	Powerful knowledge LIVING IN THE WIDER WORLD 1. What rights do we have as consumers? 2. How can I stay financially savvy
	rise? 2. County Lines – what is this and how are young people being exploited? 3. County Lines – what is this and how are	manage social worries and conflict successfully? 3. What is binge drinking, what are the risks and why do people still do it despite the risks?	why can it be so challenging? 3. What are forced and arranged marriages and what do we need to know? 4. Revenge Porn – what is this and how can	exist? 2. What is body shaming and how does this affect people? 3. How do my lifestyle choices affect me?	 How do Muslims express their belief in the Shahadah? How do Hindus express their belief in reincarnation? How do Buddhists express their belief 	and avoid debt?3. What are my future options?4. Revision and AP3.5. What are my future options?

young people being exploited? 4. What is anti-social behaviour and how does this affect communities? 5. What is a young offender and what impact does this have? 6. What is guilty by association and what does this look like? 7. How can peer pressure affect me and my decisions?	 4. Why is social media considered a negative influence today? 5. How much is too much screen time and why does it matter? 6. Revision and AP1. 7. Why do we need sleep and how does sleep deprivation affect us? 	we prevent ourselves from being victims? 5. Harmful sexual behaviours and sexual harassment — what are these and what does the law state about it?	4. What are the illegal substances that affect young people today?5. Revision and AP2.	in dukkha (suffering)? 5. How do Sikhs express their belief in seva? 6. How do humanists express their belief in atheism?	6. How do I present myself in the working world?
 Students will be able to understand the reasons for homelessness, as well as the affects. Students can articulate what is meant by county lines and how 	 Students can understand how tattoos and piercings can be dangerous. Students will be able to articulate what is meant by 'social worries' and how they 	 Students can understand what various family units can look like. Students will be able to understand the challenges of becoming a parent. 	 Students will be able to understand prejudice and stereotypes and why they still exist today. Students can understand what is meant by the term 'body shaming' as well as the effects. 	Students can understand the meaning of 'messiah' and the basic beliefs of Jews and Christians regarding this. Students will be able to understand	 Students will be able to understand the main rights of consumers. Students will be able to understand how to avoid debt and manage finances well. Students will be able to begin

- young people are being exploited.
- Students can understand what is referred to as anti-social behaviour and the effects of this.
- Students will be able to articulate what is meant by a young offender and the affects this can have on mental health, as well as families.
- Students can understand what is meant by the term guilty by association and what this can look like in reality.
- Students will be able to understand peer pressure and be able to make safe

- can manage this in their lives.
- Students can articulate the causes and effects of binge drinking.
- Students will be able to see how social media can be a negative influence on today's society.
- Students can understand the effects of too much screen time.
- Students can articulate the importance of sleep and the effects lack of sleep can cause.

- Students can articulate the meaning and differences between forced and arranged marriages.
- Students will be able to understand what is meant by the term 'revenge porn' and the dangers surrounding this.
- Students can articulate what is meant by the terms 'harmful sexual behaviours' and 'sexual harassment' as well as the UK laws around this.

- Students will be able to articulate the consequences of choices made in life.
- Students can articulate the dangers of illegal substances and the effects they can have on young people.
- the basic
 Muslim beliefs
 regarding the
 'Shahadah'.
- Students can understand the basic Hindu beliefs regarding reincarnation.
- Students will be able to articulate the basic beliefs of Buddhists regarding 'dukka'.
- Students can understand the basic Sikh beliefs regarding 'seva'.
- Students will be able to understand the basic Humanist beliefs

- understanding and exploring the future options open to them, as well as career options that
- Students can understand how to present themselves in the working world, as well as the importance of this.

utilise their skills.

YEAR 11 1. Where am I now and where do I want to be? 2. How do we budget and what are the benefits? 3. What impact can debt have and how can I avoid it? 4. What impact can debt have and how can I avoid it? 4. What impact can described world? LIVING IN THE WIDER WORLD 1. What do I need to know about fertility and our reproductive health? 2. What do I need to know about fertility and our reproductive health? 3. What impact can debt have and how can I avoid it? 4. What impact can world? 4. What impact can world? 4. What impact can health? 5. What working world? 6. What impact can world? 6. What impact can healthy relationship world? 7. What do I need to know about fertility and our reproductive health? 8. What impact can by work skills do I need in the working world? 8. What impact can healthy relationship 8. What do I need to know about fertility and our reproductive health? 8. What makes a healthy relationship 8. What is the ALTH AND WELLBEING LIVING IN THE WIDER WORLD 1. Why is gambling so addictive and how do online gambling sites us in? 9. What is the utilitarian approach to lying? 9. What is the old online gambling so addictive and how do online gambling sites us in? 9. What is the utilitarian approach to lying? 9. What was Descartes' approach to dualism? 9. What is the role of situation Ethics approach to dualism? 9. What is the role of situation Ethics approach to dualism? 9. What is the role of situation Ethics approach to dualism? 9. What is the role of situation Ethics approach to dualism? 9. What is the role of situation Ethics approach to dualism? 9. What is the role of situation Ethics approach to dualism? 9. What is the role of situation Ethics approach to dualism? 9. What is the utilitarian approach to do online gambling sites us in? 9. What is the utilitarian approach to do online gambling approach to do online g
debt have and how can I avoid it? 5. Why is knowing first aid important? 6. What is CPR? How do we perform this and 6. CV Writing and is it best to wait for someone you care about? 4. What are the different types of relationships? 5. What is to wait for someone you care about? 4. What are the different types of relationships? 5. What is to wait for someone you care about? 4. What does the law say about marriage and co-habitation? 5. What was Nietzsche's

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7. What does first aid		clear sexual			
look like in the 'real		boundaries?			
world?'					
End Points	End Points	End Points	End Points	End Points	
 Students will be able to further explore various options open to them as well as the pathways needed. Students can understand the basic forms of a budget, what to include in a budget and the importance of this. Students will be able to articulate what is meant by debt and ways this can be 	 Students will be able to understand what a CV is and what an outstanding CV should look like. Students will be able to write their own CV. Students can understand and use interview skills. Students will be able to understand what is meant by 'work skills' and what 'work skills' they need for next steps. 	 Students will be able to articulate what happens regarding reproductive health. Students can understand fertility, the factors and various experiences people may have. Students can understand what makes a healthy relationship and action this in their own lives. Students can 	 Students will be able to understand the effects of online gambling. Students can understand what is meant by homophobic, biphobic and transphobic bullying, the effects of this and who they can speak to. Students will be able to articulate basic 	 Students can understand the foundational utilitarian approach to lying. Students can understand the foundational Descartes' approach to dualism. Students can understand the foundational approach to euthanasia when looking at situation ethics. Students can understand the 	
avoided.			roles of a UK		
		articulate the various forms of a		foundational	
Students can understand and			citizen as well	feminist approach	
understand and		relationship.		to abortion.	

be able to carry out basic first aid and CPR.	Students will be able to articulate what is meant by consent, rape, and sexual harassment, as well as the laws around this.	rights. Students can understand for what is meant by co-habitation and marriage, as well as the UK laws regarding in	anderstand ietzche's bundational oproach to God. audents can inderstand the bundational oproach by Plato relation to bodness.
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	Powerful knowledge	RELATIONSHIPS	Powerful knowledge	Powerful knowledge	Powerful knowledge
	LIVING IN THE WIDER WORLD HEALTH AND WELLBEING	LIVING IN THE WIDER WORLD	LIVING IN THE WIDER WORLD HEALTH AND WELLBEING	LIVING IN THE WIDER WORLD RELATIONSHIPS	RE CURRICULUM
POST 16	- 'Next step' options (higher education, further training or apprenticeships, and gap year opportunities) - Understanding how social media can expand, limit or distort perspectives Recognising signs of a change in mental health and wellbeing Understanding how to demonstrate a range of strategies for building and maintaining positive mental health Recognising common mental health issues such as anxiety, depression, eating disorders, self-harm, and compulsive behaviours.	Understanding the values that should apply to a healthy relationship. To recognise and challenge prejudice and discrimination and understand rights and responsibilities about inclusion. To recognise, respect and, if appropriate, challenge the ways different faith or cultural views influence relationships. To understand consent and the moral and legal responsibilities that someone has. To understand the emotional, physical, social and legal	 Understanding budgeting for changes in circumstances (e.g. when moving out or going to university) Understanding and managing income and expenditure. Understanding our consumer rights and how to access support. Understanding the importance of savings and the implications of this. Understanding debt, repayment plans and evaluating the risk of financial schemes. Understanding how to maintain a worklife balance, including exercise and sleep. 	 Recognising and managing negative influences, including through online platforms. Recognising forced marriage and 'honour' based violence, and where to seek help. Understanding their rights in relation to harassment. Understanding how to build and maintain a positive professional online presence. Understanding radicalisation and extremism. Recognising dangers and consequences of being involved in gangs, organised 	 How do Jews and Christians express their belief in a messiah? How do Muslims express their belief in the Shahadah? How do Hindus express their belief in reincarnation? How do Buddhists express their belief in dukkha (suffering)? How do Sikhs express their belief in seva? How do humanists express their belief in atheism?

 Recognising when they, or others, need support with their mental health. Understanding how to access appropriate support in relation to mental health. 	consequences of failing to respect others' right not to give or to withdraw consent. Recognising different forms of abuse and what an unhealthy relationship can look like. Recognising the signs of sexual abuse and exploitation, and how to report this.		crime or carrying a weapon.		
 Students will be able to explore and specify their next steps, including further and higher education. Students can understand how their social media can affect 	Students will be able to articulate and action what a healthy relationship should look like. Students will be able to understand what prejudice can look like	 Students can understand the basics of a budget and be able to write a simple budget. Students will be able to understand how income and expenditure work, and what 	Students will be able to recognise negative social influences and the effects on mental health. Students will be able to understand what is meant by forced marriage and	 Students can understand the meaning of 'messiah' and the basic beliefs of Jews and Christians regarding this. Students will be able to understand the basic 	

- potential career opportunities.
- Students will be able to recognise the challenges to be aware of regarding mental health and when to seek help.
- Students can write down and demonstrate various strategies to maintain a positive mental health.
- Students will be able to articulate mental health challenges today, including depression and eating disorders.
- Students will be able to recognise when someone may need support, as well as understanding

- and will be able to challenge this when seen.
- Students will be able to understand the various religious and cultural views surrounding relationships.
- Students can understand the law around consent, and the consequences surrounding this.
- Students will be able to articulate various forms of an unhealthy relationship and where to seek support.
- Students can understand and recognise signs

- this could look like for them.
- Students will be able to articulate the basic consumer rights and how this affects them.
- Students can understand and action the importance of savings, as well as the risks of payment plans and financial schemes.
- Students will be able to articulate what debt can look like and the risks around this.
- Students will be able to understand how to implement a 'work, life' balance and plan what this could look like.

- honour-based violence and where to seek support.
- Students can further understand sexual harassment, as well as rights and laws surrounding this.
- Students can understand what a professional presence online should like this and how this can affect their career.
- Students can articulate radicalisation and extremism and the signs to look for.
- Students will be able to

- Muslim beliefs regarding the 'Shahadah'.
- Students can understand the basic Hindu beliefs regarding reincarnation.
- Students will be able to articulate the basic beliefs of Buddhists regarding 'dukka'.
- Students can understand the basic Sikh beliefs regarding 'seva'.
- Students will be able to understand the basic Humanist beliefs regarding atheism.

the various	of abuse and	recognise the	
signposting.	exploitation,	dangers of	
	and where to	gangs, violence,	
	seek support.	and knife crime	
		as well as the	
		consequences.	