2024 Year 10 Health and Social Care Learning Journey

Term 1.1	Component 1: Human Lifespan Development [Set Assignment]
	LAA: How do humans grow and develop across life stages and what are
	the factors that affect it?
	Life stages and their expected key characteristics in each of the
	PIES classifications
	Physical factors; lifestyle factors; emotional factors, social factors,
	cultural factors, environmental factors and economic factors.
Term 1.2	LAB: How do individuals deal with life events?
	Health and wellbeing; relationship changes; life circumstances
	Character traits; sources of support; types of sources
AP1	Component 1 Task 2: Impact of different factors on PIES growth and
	development through thelife stages
Term 2.1	Component 1 Set Assignment
Component 1	Set Assignment completed by 09/02/2024
Term 2.2	Component 2: Health and Social Care Services and Values [Set
	assignment]
	LAA: What are the different types of health and social care services
	and what are the barriers to accessing them?
	Health conditions; Health services available; Social care; Social care
	services; Additional care
AP2	Component 1 final marks
Term 3.1	LAA: What are the different types of health and social care services
	and what are the barriers to accessing them?
	Definition of barriers; types of barrier and how they can be overcome
	by the service providers or users
Term 3.2	LAB: What are the skills, attributes and values required to give care?
	Skills, attributes and values in health and social care.
	Obstacles individuals requiring care may face
	Benefits to individuals of the skills, attributes and values in health
	and social care practice.
AP3	Component 2 Task 3: Barriers an individual could face when accessing
	services in health or social care

T	
Term 1.1	Component 2: Health and Social Care Services and Values
	Completing Set Assignment
Component 2	Set assignment completed by 27/10/2023
Term 1.2	Component 3: Health and wellbeing
	How do health and social care professionals interpret health
	indicators?
	Physiological indicators (heart rate, blood pressure and BMI);
	lifestyle indicators (nutrition, physical activity, smoking, alcohol,
	substance misuse)
	What is a person-centred approach to improving health and wellbeing?
	Person centred approach, it's benefits and importance
	Recommendations and actions to improve health and wellbeing
	Barriers and obstacles to following recommendations (Link with
	Component 2)
AP1	Component 3: Health and wellbeing (Questions 1-13)
Component 3	Exam 10/01/2024
Term 2.1	How can factors affect health and wellbeing?
	Factors affecting health and wellbeing; physical; lifestyle; social;
	emotional; cultural; economic; environmental; impact of life events.
	(Link with Component 2)
Term 2.2	Component 3 revision
AP2	Component 2 final grade
Term 3.1	Component 3 revision
Component 3	Exam 07/05/2024 (second attempt if required)

2024 Year 12 Health and Social Care Learning Journey

Term 1.1	Unit 1: Human Lifespan Development [External Exam]
[Year 12]	LAA: How do humans grow and develop through the life stages?
	Physical, intellectual, emotional and social development.
Term 1.2	LAB: What factors affect growth and development?
[Year 12]	Nature/nurture, genetic factors, environmental factors, social factors, economic factors and major life events.
	LAC: What are the effects of ageing?
	Physical and psychological effects and the societal effects of an ageing population
AP1	Unit 1 Mock Paper
Unit 1 Exam	12/01/2024
Term 2.1	Unit 5: Meeting Individual Care and Support Needs [Coursework]
[Year 12]	LAA: What are the principles, values and skills which underpin meeting
	the care and support needs of individuals?
	Promoting equality, diversity and preventing discrimination; skills and personal attributes required for developing relationships with individuals; empathy and establishing trust with individuals
Term 2.2 [Year 12]	LAB: What are the ethical issues involved when providing care and support to meet individual needs?
[year 12]	Ethical issues and approaches; legislation and guidance on conflicts of interest, balancing resources and minimising risk
AP2	Assignment 1
Term 3.1	LAC: What are the principles behind enabling individuals with care
[Year 12]	and support needs to overcome challenges?
	Enabling individuals to overcome challenges; promoting personalisation; communication techniques
Term 3.2	LAD: What are the roles of professionals and how do they work
[Year 12]	together to provide the care and support necessary to meet individual needs?

	How agencies work together to meet individual care and support needs; roles and responsibilities of key professionals on multidisciplinary teams; maintaining confidentiality; managing information
AP3	Assignment 2
Unit 2	Coursework completed by 12/07/2024

Term 1.1	Unit 2: Working in Health and Social Care [External Exam]
[Year 13]	LAA: What are the roles and responsibilities of people who work in the health and social care sector?
	The roles and responsibilities of people who work in health and social care settings; specific responsibilities of people who work in health and social care setting; multidisciplinary working in the health and social care sector; monitoring the work of people in health and social care settings
Term 1.2	LAB: What are the roles of organisations in the health and social care sector?
[Year 13]	The roles of organisations in providing health and social care services; issues that affect access to services; ways organisations represent interests of service users; the roles of organisations that regulate and inspect health and social care services; responsibilities of organisations towards people who work in health and social care settings LAC: What are the considerations when working with people with specific needs in the health and social care sector?
	People with specific needs; working practices
AP1	Unit 2 Mock Paper
Unit 2 Exam	January 2025
Term 2.1	Unit 11: Psychological Perspectives [Coursework]
[Year 13]	LAA: How do psychological perspectives contribute to the understanding of human development and behaviour?
	Principal psychological perspectives as applied to the understanding of development and behaviour; application of psychological perspectives

	to health and social care practice; contribution of psychological perspectives to the understanding of specific behaviours.
Term 2.2	LAB: What is the contribution of psychological perspectives to the
[Year 13]	management and treatment of service users' specific behaviours?
	Factors that affect human development and specific behaviours;
	contribution of psychological perspectives to the management of
	behaviours; contribution of psychological perspectives to the
	treatment of behaviours.
AP2	Assignment 1
AP2 Term 3.1	LAC: How are psychological perspectives applied in health and social
Term 3.1	LAC: How are psychological perspectives applied in health and social
Term 3.1	LAC: How are psychological perspectives applied in health and social care settings?

2024 Year 13 Health and Social Care Learning Journey

Term 1.1	Unit 1: Human Lifespan Development [External Exam]
[Year 12]	LAA: How do humans grow and develop through the life stages?
	Physical, intellectual, emotional and social development.
Term 1.2	LAB: What factors affect growth and development?
[Year 12]	Nature/nurture, genetic factors, environmental factors, social factors, economic factors and major life events.
	LAC: What are the effects of ageing?
	Physical and psychological effects and the societal effects of an ageing population
AP1	Unit 1 Mock Paper
Unit 1 Exam	January 2023
Term 2.1	Unit 5: Meeting Individual Care and Support Needs [Coursework]
[Year 12]	LAA: What are the principles, values and skills which underpin meeting
	the care and support needs of individuals?
	Promoting equality, diversity and preventing discrimination; skills and personal attributes required for developing relationships with individuals; empathy and establishing trust with individuals
Term 2.2 [Year 12]	LAB: What are the ethical issues involved when providing care and support to meet individual needs?
	Ethical issues and approaches; legislation and guidance on conflicts of interest, balancing resources and minimising risk
AP2	Assignment 1
Term 3.1	LAC: What are the principles behind enabling individuals with care
[Year 12]	and support needs to overcome challenges?
	Enabling individuals to overcome challenges; promoting personalisation; communication techniques
Term 3.2	LAD: What are the roles of professionals and how do they work
[Year 12]	together to provide the care and support necessary to meet individual needs?

	How agencies work together to meet individual care and support needs; roles and responsibilities of key professionals on multidisciplinary teams; maintaining confidentiality; managing information
AP3	Assignment 2
Unit 2	Coursework completed by July 2023

Term 1.1	Unit 2: Working in Health and Social Care [External Exam]
[Year 13]	LAA: What are the roles and responsibilities of people who work in the health and social care sector?
	The roles and responsibilities of people who work in health and social care settings; specific responsibilities of people who work in health and social care setting; multidisciplinary working in the health and social care sector; monitoring the work of people in health and social care settings
Term 1.2	LAB: What are the roles of organisations in the health and social care sector?
[Year 13]	The roles of organisations in providing health and social care services; issues that affect access to services; ways organisations represent interests of service users; the roles of organisations that regulate and inspect health and social care services; responsibilities of organisations towards people who work in health and social care settings LAC: What are the considerations when working with people with specific needs in the health and social care sector?
	People with specific needs; working practices
AP1	Unit 2 Mock Paper
Unit 2 Exam	15/01/2024
Term 2.1	Unit 11: Psychological Perspectives [Coursework]
[Year 13]	LAA: How do psychological perspectives contribute to the understanding of human development and behaviour?
	Principal psychological perspectives as applied to the understanding of development and behaviour; application of psychological perspectives

	to health and social care practice; contribution of psychological perspectives to the understanding of specific behaviours.
Term 2.2	LAB: What is the contribution of psychological perspectives to the
[Year 13]	management and treatment of service users' specific behaviours? Factors that affect human development and specific behaviours; contribution of psychological perspectives to the management of behaviours; contribution of psychological perspectives to the treatment of behaviours.
AP2	Assignment 1
Term 3.1	LAC: How are psychological perspectives applied in health and social
Term 3.1 [Year 13]	LAC: How are psychological perspectives applied in health and social care settings?